

## Transcriptions for Audio Excerpts in Presentation

**Slide #7 Quote:** “I'll be quick because I feel like I've spoken a lot. Sorry, guys, I will just say that throughout my life in particular, I felt like I was held to a higher standard than anyone else around me that was not black, we'd be doing the same job, go to the same school in the same class. But I have to, you know, be on guard or outperform all the time. You know, and it's just like, during my pregnancy, can that be a time where I relax? And can you tell me what I need to do? You know, like, I'm not being held to a different standard during my pregnancy? Like, can I be held to the normal standard of a woman? That's, that's pregnant? Like, I don't have to outperform my pregnancy. You know what I mean? Like, I just feel like a lot of times, and I don't know if anyone on this line can relate, like, I'm held to, like this, this expectation that I always have to have it together. And then my pregnancy, I don't know what to expect. So this is the one time where I shouldn't be looked at that way. And if you can't relate, that's great. I'm so happy for you. You shouldn't. But my life experience just being able to be vulnerable. That is that's that for me.” *April 30, 2022. Participant 27.*

### **Slide #21 – Mistreatment**

Quote #1: “My prenatal and postnatal were quite okay. The big challenge was the birthing process... No one took care of me. It took quite a long time before a nurse even recognized that I was in labor and needed help, so I wouldn't say my birthing process was so good.” *March 26, 2022. Participant 3.*

Quote #2: “Well, I was in so much pain, I was groaning and crying, but I guess there was an emergency because the whole place, the nurses and the doctors were running around, so I guess no one paid attention to me when I tried to talk to someone, they seemed busy, occupied.” *March 26, 2022. Participant 3.*

### **Slide #22: – Autonomy**

Quote: “I regret the fact that I did the epidural so soon, because I was afraid... They [nurses] were like, “When the doctor comes and breaks your water you're going to be in a lot of pain, you might want to get the epidural.” When they said that it scared me so bad about being in pain that I didn't want to be in [pain] so I went to get with an epidural at around like six centimeters. And I don't know if that's the case, but if I'm not sure if I didn't get it, maybe I would have had a vaginal [birth], I don't know. So it could have been a blessing, at the same time, who knows it's just like sometimes I still feel myself getting sad about the fact that I had a C-section, but I guess I shouldn't because my baby's here and healthy and I'm alive to raise her so I guess you can look at it either way but that's the decision that I kind of regret.” *April 30, 2022. Participant 27.*

### **Slide #23: – Respect**

Quote #1: “I would say most importantly not brushing off my questions or concerns, ... Answering them in a way in which I can understand the tone of the conversation...not making

me feel like I was asking insignificant or stupid questions, ...questions were being validated...I understand where you are coming from... or I can see what you're concerned with." *February 27, 2022. Participant 1.*

Quote #2: Participant: We had so many questions that most of them were not answered or taken into consideration. It felt bad but I did not take that to offense."

Interviewer: So, your questions were not answered. You felt bad and you were not offended by it. Why were you not offended?

Participant: Maybe she was having a hard time. Maybe I was asking too many questions. Or maybe she thought I should know most of the things by myself. So, that's why I didn't quite get so offended?

Interviewer: Did you make any specific requests? Culturally specific? Any requests or needs?

Participant: I requested to see my placenta if it was out and she promised to keep that in consideration, but that was also not done. *April 2, 2022. Participant 20.*